P. Preston Reynolds, MD, PhD, MACP

Professor of Medicine University of Virginia

Title VII and Health Disparities

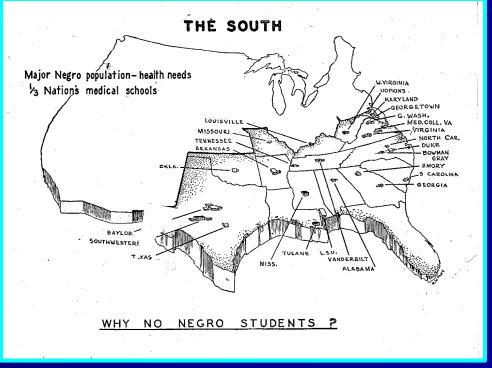
Health Disparities are one aspect of a quality crisis in the US – and other countries outperform us on every quality measure

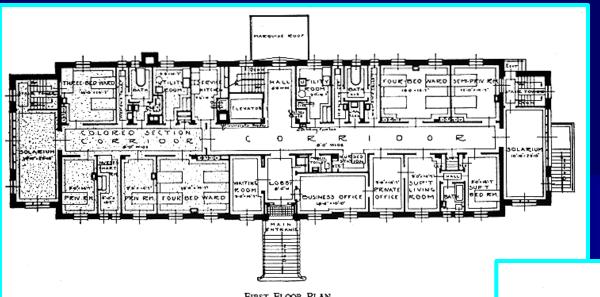
Country Rankings						
1.00–2.66						
2.67-4.33						
4.34–6.00						
				New	United	United
	Australia	Canada	Germany	Zealand	Kingdom	States
Overall Ranking (2007)	3.5	5	2	3.5	1	6
Quality Care	4	6	2.5	2.5	1	5
Right Care	5	6	3	4	2	1
Safe Care	4	5	1	3	2	6
Coordinated Care	3	6	4	2	1	5
Patient-Centered Care	3	6	2	1	4	5
Access	3	5	1	2	4	6
Efficiency	4	5	3	2	1	6
Equity	2	5	4	3	1	6
Healthy Lives	1	3	2	4.5	4.5	6
Health Expenditures per Capita, 2004	\$2876*	\$3165	\$3005*	\$2083	\$2546	\$6102

Commonwealth Fund overall rankings of 6 countries, according to key indicators of performance

Title VII: Historical Context



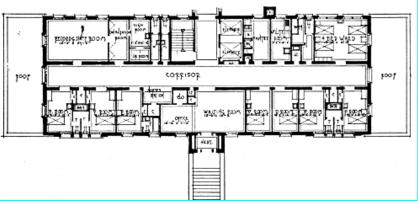




FIRST FLOOR PLAN
LEE COUNTY HOSPITAL, SANFORD, NORTH CAROLINA
Eric G. Flannagan, Architect, Henderson, North Carolina









Medicare Hospital Certification Program

- •7,000 health care facilities Racial Integration and Quality of Care Standards
- •1st step = Surveys to assess compliance
- •On-Site Visit Multiple visits if necessary to ensure compliance
- •NO COMPLIANCE = NO MEDICARE MONEY + Revoke federal grants

Title VII and Health Disparities

Why increase the primary care clinical workforce?

- Reduced health disparities
- Reduced costs for care of patients with chronic disease
- Improved quality: lower mortality and morbidity

Why increase diversity?

- More likely to care for disadvantaged and vulnerable pts
- More likely to care for minorities
- •Less Implicit Bias

Title VII: Impact

- Title VII's contributions to creating Primary Care infrastructure and capacity
- Federal mechanism to provide skills in care of vulnerable and disadvantaged populations
- Federal mechanism to create clinical programs for vulnerable and disadvantaged populations
- Mechanism to increase diversity in the health professions with tangible outcomes
- Mechanism to create pipeline and faculty retention

Title VII & the HPs Pipeline

Package of Programs

TPCMD/PCTE

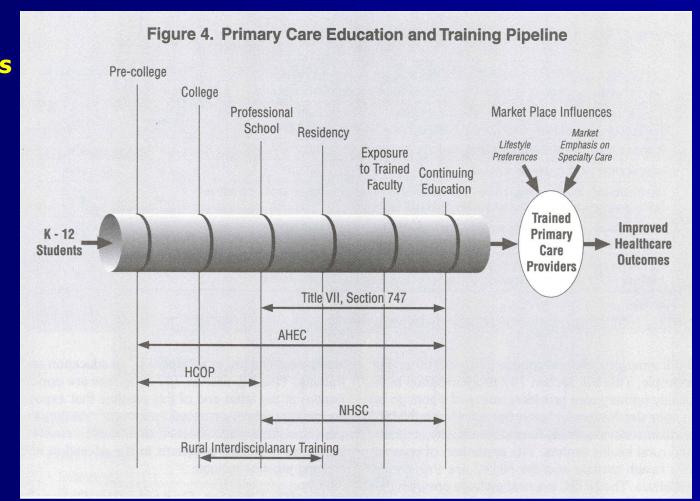
AHEC

HCOP

COE

Interdisciplinary

Minority Faculty Loan Repayment



Title VII: History + Impact



- 1 Lead Editorial
- 2 Commentaries
- 15 Articles

Legislative Hx + Innovations

Impact of Title VII on FM, GIM,

Ped, PA s, Dentistry, PDen

Contracts - 35

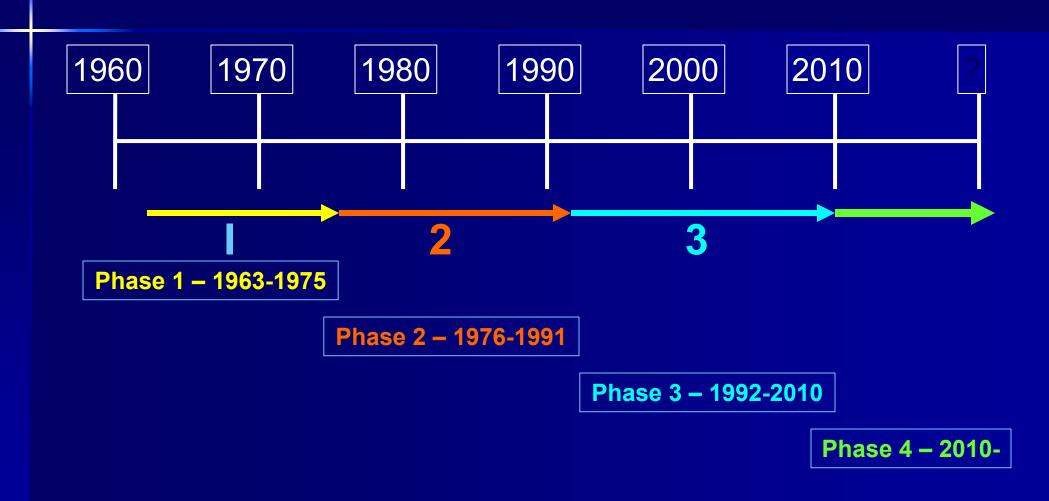
Cultural competency in RT

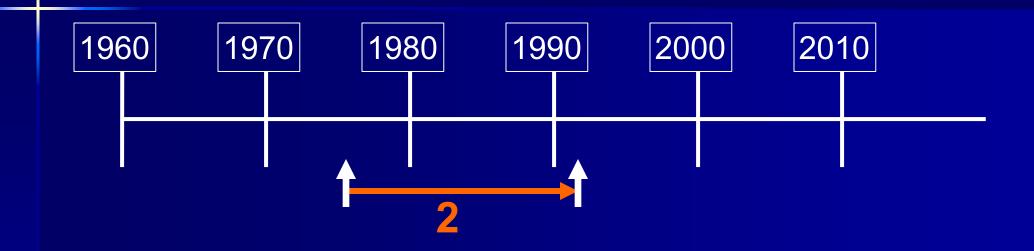
Pt. Safety/QI

Genetics, PCMH, CCM

Fac Dev - Fellowships,

Vulnerable Populations





Phase 2 - 1976-1991

1976: PL 94-484 - Landmark legislation for Primary Care

1981: PL 97-35 - Expanding portfolio of primary care

training programs

1988: PL 100-106 – Minor changes with larger diversity and loan programs

Title VII: History

Training in Primary Care Medicine and Dentistry, S. 747

Pre-doctoral curricula

- Medicine: FM, GIM, GPeds
- Physician Assistants

Residency training

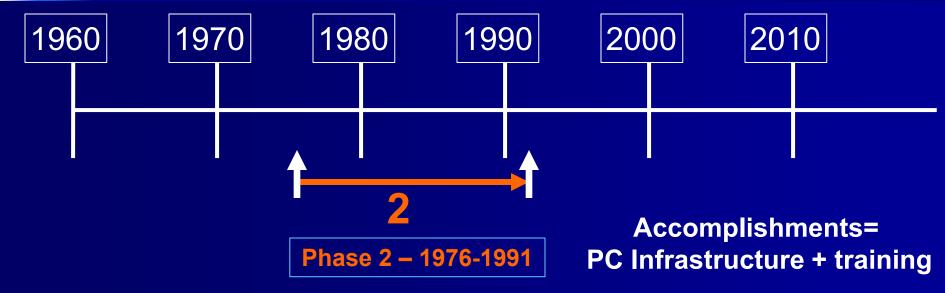
- Medicine: FM, GIM, GPeds
- Dentistry: AEGD, GD, Peds

Faculty Development

Medicine: FM, GIM, GPeds

Title VII: History

- •Faculty salaries to develop new curricula, clinical experiences, evaluations short-term and longitudinal
- •Develop clinical programs, e.g. telemedicine, rural rotations
- •Strengthen and support administrative infrastructure
- Disseminate findings and outcomes
- Medical student stipends for summer experiences
- •Fellow stipends for MPH, MEd, MSc



Establishment of Depts of FM, Divisions of GIM and GP Establishment and expansion of FM, GIM and GP residencies Establishment and expansion of General Dental residencies

99 Departments of FM, all but one osteopathic medical school 390 FM residencies in teaching and community hospitals 51 new general dental residencies Ambulatory Curricula + Training, Fac Dev w/Community Fac

Table 1
Authorized Dollars for the Health Professions Educational Assistance Act of 1976 (P.L. 94-484), 1978–80

1978 (2008)*	1979 (2008)*	1980 (2008)*
\$45 (\$149)	\$45 (\$133)	\$50 (\$131)
\$10 (\$33)	\$15 (\$44)	\$20 (\$52)
\$15 (\$50)	\$10 (\$39)	\$25 (\$65)
\$25 (\$83)	\$30 (\$89)	\$35 (\$92)
\$20 (\$66)	\$30 (\$89)	\$40 (\$105)
	\$45 (\$149) \$10 (\$33) \$15 (\$50) \$25 (\$83)	(2008)* (2008)* \$45 (\$149) \$45 (\$133) \$10 (\$33) \$15 (\$44) \$15 (\$50) \$10 (\$39) \$25 (\$83) \$30 (\$89)

^{*} Values reported in millions. Actual dollar amounts reported with 2008 equivalents listed for each year.

1978 1979 1980 \$568 m \$589 m \$719 m

2024 dollars

Title VII Health Professions Grants for Residency Training in Family Medicine

Year	Appropriated*	2009 Equivalent*
1980	\$36.5	\$93.8
1981	\$33.7	\$78.5
1982	\$25	\$54.8
1983	\$34	\$72.3
1984	\$34	\$69.3
1985	\$36	\$70.2
1986	\$36	\$69.5
1987	\$36	\$67
1988	\$35	\$62.6
1989	\$31.8	\$54.3
1990	\$33.2	\$53.8

^{*}Values reported in millions

\$746 million in Title VII funds for FM residencies 1980 – 1990 (\$2.17 billion in 2024, used 1985 as comparison)

Outcome by 1990

Increase from 19 to 390 FM residencies in teaching and community hospitals

Title VII Health Professions Grants for Residency Training In GIM/GP

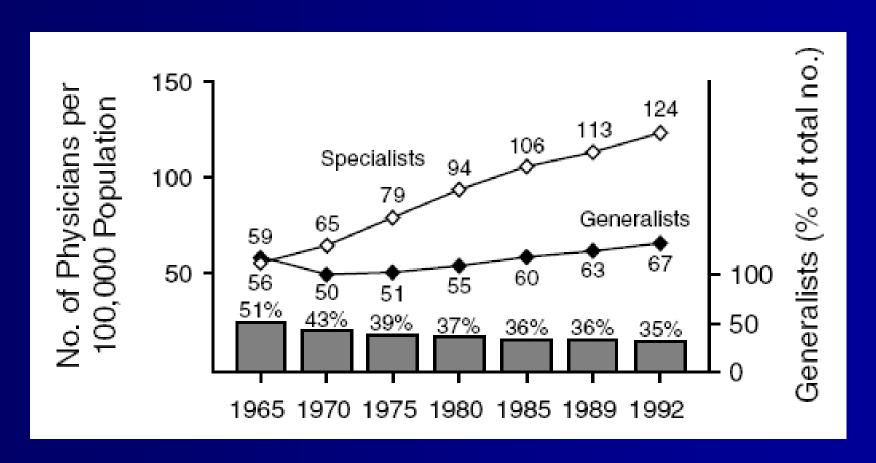
Year	Total # Programs	Total Dollars	2009 Equivalent
	Supported	Awarded*	Dollars*
	GIM/GP		
1980	109	\$19.3	\$49.6
1981	105	\$19.3	\$44.9
1982	88	\$16.2	\$35.5
1983	63	\$11.3	\$24
1984	89	\$14.5	\$29.6
1985	105	\$17.6	\$34.6
1986	95	\$16.5	\$31.9
1987	91	\$15.7	\$29.3
1988	87	\$13.9	\$24.8
1989	89	\$13.7	\$23.4
1990	91	\$13.8	\$22.4
der 7 1 . 1 1	****		

^{*}Values reported in millions

\$347 million in Title VII funds for GIM + GP residencies 1980 – 1990 (\$1.01 billion in 2024)

Outcomes
Est of > 100
GIM and GPed
residencies w/
creation of
GIM as career

Internal Medicine – Title VII Retains GIM as a Specialty



Title VII Support for PA Training First 25 Years

Growth from 22 to 78 programs

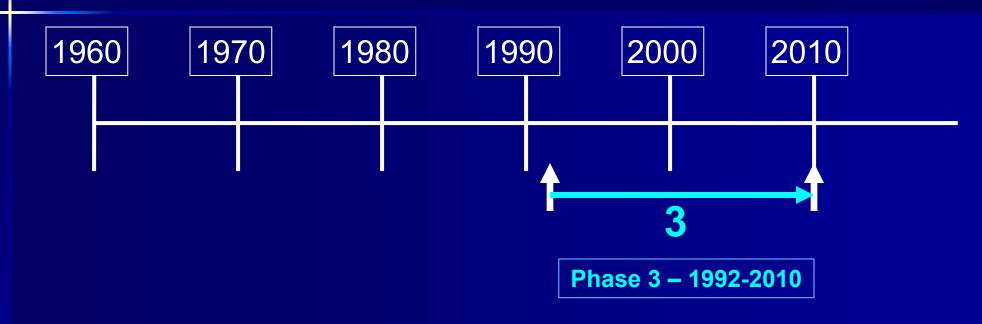
50 – 95% of programs receive funding in any given year

In 2006, < 10% of PA programs received Title VII funding b/o lack of fed \$\$\$\$

Move of PAs out of Primary Care follows the loss of Title VII \$\$\$

Table 1
Funding History for Physician Assistant Educational Programs Under Title VII,
Section 747, 1972–2006*

Year	Amount, \$	No. of funded programs	No. of existing programs
1972	6,090,109	40 [†]	22
1973	6,208,999	39 [†]	41
1974	8,129,252	43 [†]	57
1975	5,994,002	40 [†]	58
1976	6,247,203	41†	57
1977	8,171,441	39	58
1978	8,685,074	42	57
1979	8,453,666	42	57
1980	8,262,968	43	60
1981	8,019,000	40	61
1982	4,752,000	34	57
1983	6,752,000	34	57
1984	4,414,850	34	55
1985	4,442,076	37	55
1986	4,548,000	37	56
1987	4,275,000	36	51
1988	4,549,973	37	50
1989	4,445,200	37	51
1990	4,697,680	38	52
1991	4,915,855	40	54
1992	4,915,876	32	55
1993	4,582,575	32	55
1994	6,388,743	46	59
1995	5,706,315	39	62
1996	5,116,367	38	71
1997	5,979,234	38	78



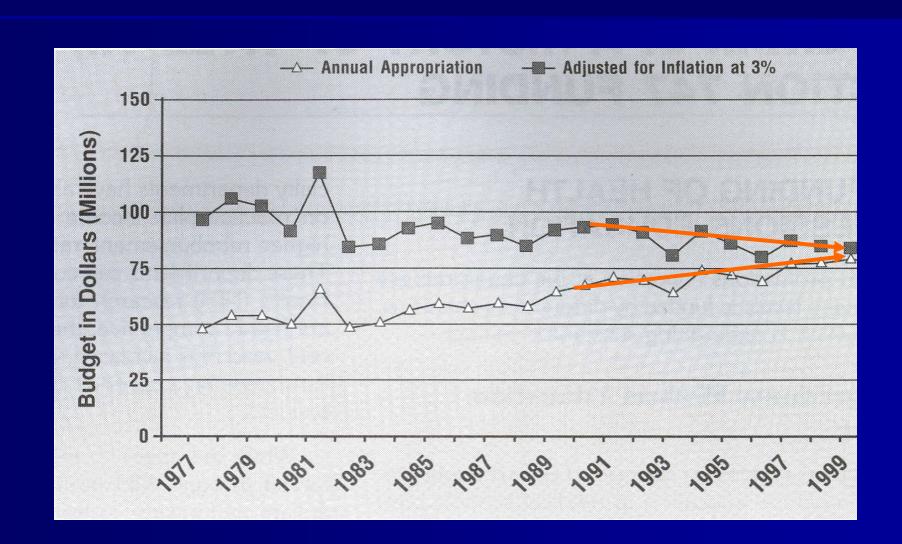
1992: PL 102-408 Vulnerable pops, MUCs, health professions diversity - HCOP, CoEs
1998: PL 105-392 - Consolidation, innovation, and collaboration
Single grant guidance, ACTPCMD
Pediatric dental residency

Title VII: Health Disparities

Curricula innovations and grant guidance requirements

- Healthy People 2010 health promotion/prevention
- Vulnerable and disadvantages populations: Homeless, HIV, substance abusers, victims of domestic violence, elderly
- EBM, Palliative Care, Oral Health
- Cultural competency and health literacy
- Professionalism, quality and patient safety

All programs, all disciplines, along the continuum



Pre-doctoral curricula

- Medicine: FM, GIM, GPeds
- Physician Assistants

Residency training

- Medicine: FM, GIM, GPeds
- Dentistry: AEGD, GD, Peds

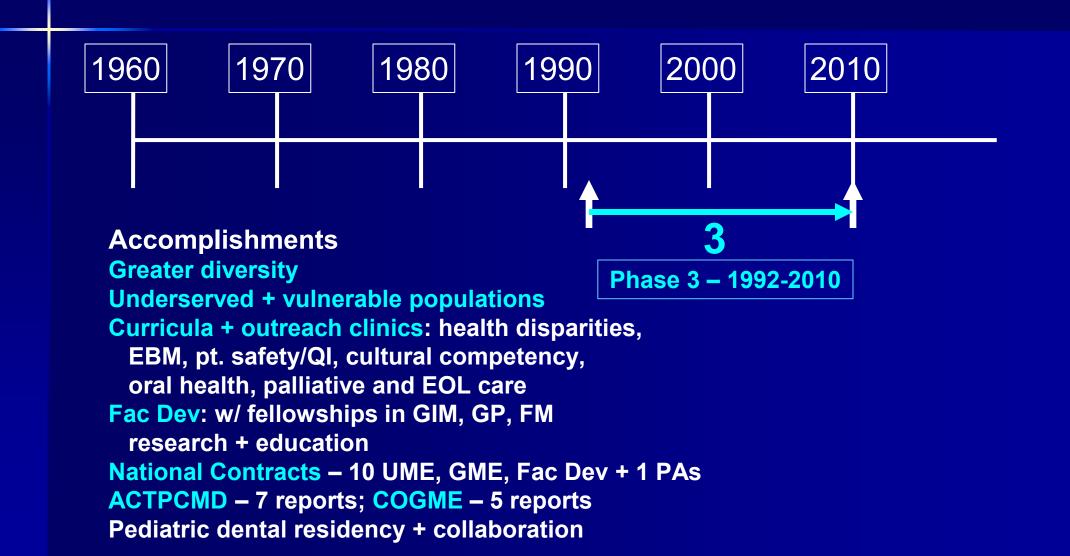
Faculty Development

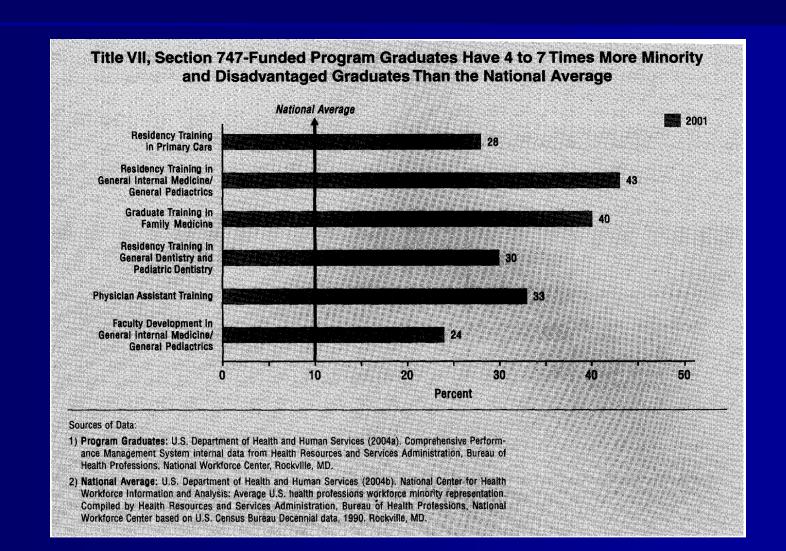
Medicine: FM, GIM, GPeds

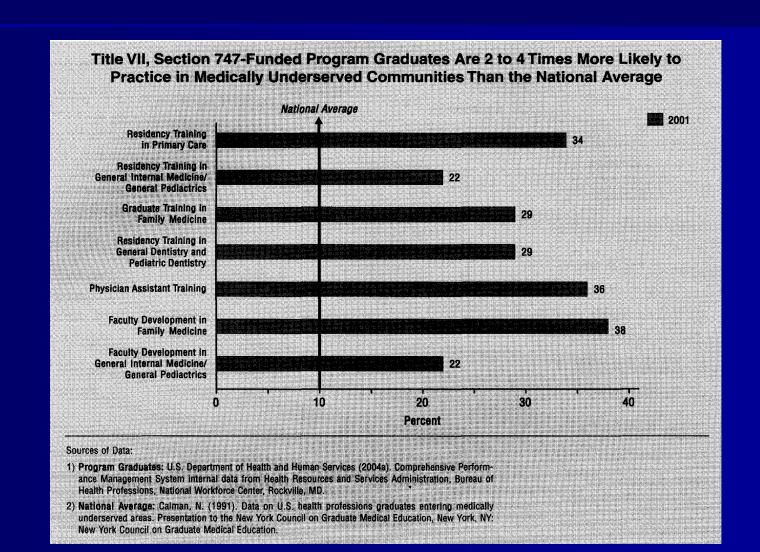
2004 budget of \$88.8 mil 456 grants (\$148 million in 2024)

Single RFP ~ 120 awards/yr. Mid 1990s-2005

+ \$4-5 million for contracts, COs







Title VII: History + UME



Specialty and Geographic Distribution of the Physician Workforce:

What Influences

Medical Student & Resident Choices?

Funded by the Josiah Macy, Jr. Foundation





AMA Master File + HRSA Title VII Funding History + AAMC Graduation Questionnaire

Impact of

- Debt
- •NHSC Scholarship
- Exposure to PC in med school
- •Title VII funding to school
- •Salary differential between specialists and generalists
- •Public medical school + personal intentions predict choice of PC

Title VII: History + UME

This study affirms the positive relationship between Title VII exposure and most of our study outcomes despite severe reductions in Title VII funding. It is an important support for the presence and quality of student training experiences and is an immediately relevant policy option that promotes these outcomes as it is currently due for reauthorization.

AR Green, JR Betancourt, et al. Providing culturally competent care: Residents in Title VII funded residency programs feel better prepared. Acad Med. 2008;83:1071-1079.

National survey to senior residents, 2003-2004

1467 randomly selected FM, IM and Ped residents
866 responded: 403 in Title VII funded programs, 463 non-Title
VII

Survey included 28 Likert-response questions about resident's preparedness and perceived skills to provide cross-cultural care, socio-demographics and residency characteristics

Residents in Title VII funded programs are more likely than others to report being prepared to provide cross-cultural care across all 8-measures (OR = 1.54-2.61, P<.01) and feeling more skilled in cross cultural care for 6 of 10 measures (OR = 1.30 - 1.95, P<0.5).

Regression analysis showed that characteristics of the Title VII-funded residency training experience related to cross-cultural care (e.g. role models, cross-cultural training, and attitudes of attending physicians) accounted for many of the differences in self-reported preparedness and skills.

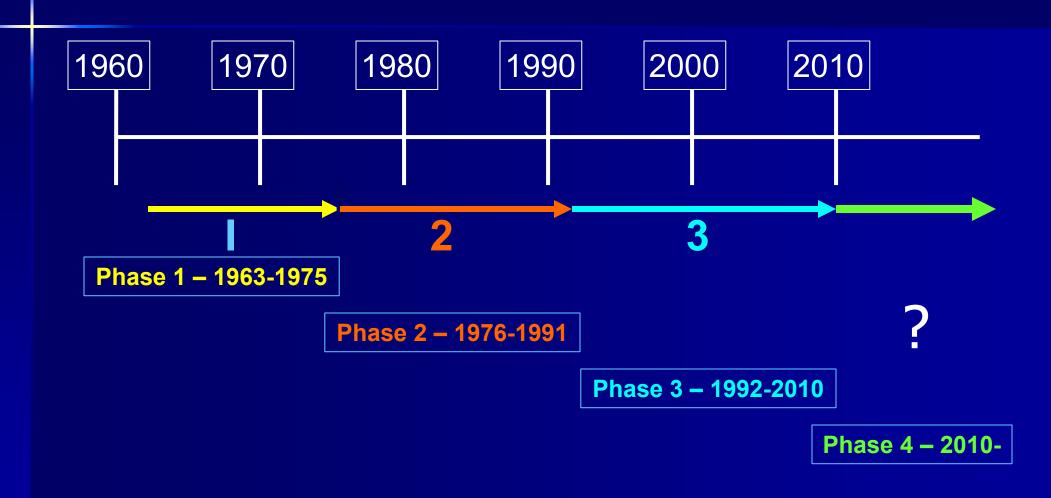
Title VII and Faculty Development

TG DeWitt, TL Cheng. The Role of Title VII Funding in academic general pediatrics fellowships and leadership. Acad Med 2008;83:1103-1105.

- Build GPed faculty leadership through GPed fellowships + leadership programs at national meetings
- Many fellows focus on care of disadvantaged and vulnerable populations with expertise in HSR, Medical Educ, and Academic Administration

E Beck, DL Wingard et al. **Addressing the needs of the underserved: a national faculty development programs**. Acad Med 2008;83:1094-1102

- Title VII funding Fam Med in 1999 to develop 3 one-week intensive Fac Dev programs; in 2003 a 1-year fellowship added + IM and Peds
- In 2008; 107 participants from 29 states and PR



"New" Title VII, Sect 747 (reauthorized all of Title VII)

- Retain MUC, Primary Care, Diversity, Collaborative Priorities + emphasis on vulnerable populations; continue curricula in cultural competency, PS/QI
- 5 yr grants
- New priorities to drive curricula and skills: PCMH, interdisciplinary and interprofessional training, linkages with CHCs and other sites of care of disadvantaged and vulnerable populations
- No disciplinary preference, except PA (15%)

Also reauthorized with ACA

- Area Health Education Centers
- Centers of Excellence
- Health Careers Opportunity Program
- Minority Faculty Loan Repayment
- Rural and Interdisciplinary Training
- Dental Public Health
- General, Advanced and Pediatric Dental
 Residency Training

JE Maupin, WJ Riley. Funding the Diversity Programs of the Title VII Health Professions Training Grants: An Urgent Need. Acad Med. 2008;83:999-1000

CoE, 1987 amendment to Title VII – support for HBCUs and HBHPS

HBCUs/HBHPS are dependent on these dollars:

- Support of faculty salaries
- Training opportunities for students and residents
- •Recognition as a CoE by HRSA makes the institution eligible for IMHHD programs = interdependency of funding sources

Elimination of these programs would curtail the contributions these institutions make toward ensuring the availability and placement of culturally sensitive health care providers and public health practitioners throughout the country.

Title VII: History + Impact

Recommendation for Funding for TPCMD

ACTPCMD – 2003 - \$198 million

ACTPCMD - 2004 - \$198 million

ACTPCMD - 2006 - \$215 million

Graham Center Report, 2008 — reauthorize, no level of funding stated in report

ACA – reauthorizes TPCMD, request for \$125 million

2025 - HPNEC recommends \$1.51 Billion for HRSA Title VII and Title VIII grants in 2025