



Thoughts on Substance Use Disorder (SUD) Training

Advisory Committee on Interdisciplinary, Community-Based Linkages

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Bureau of Health Workforce (BHW)

Vision: Healthy Communities, Healthy People



Outline

- 1 — BHW SUD Programs
- 2 — SUD's in Context
- 3 — Treatment Models
- 4 — Issues in Treatment & Training
- 5 — Potential to support a virtuous cycle....

HRSA SUD Health Workforce Programs

- Addiction Medicine Fellowship Program (T25)
- Opioid-Impacted Family Support Program (T26)
- Integrated Substance Use Disorder Training Program (T62)
- Opioid Workforce Expansion Program – Paraprofessional (T97) (inactive)
- Opioid Workforce Expansion Program- Professional (T98): (inactive as of 1/1/24)



Context – Bad News

- High rates of endemic substance use and substance use disorders in the United States.
- Opioid use epidemic is continuing.
- Meaningful prevention requires addressing poverty and adverse childhood experiences.



Substance Use

Substance	Age 12 and Older (unless noted):	Number	Percentage
Alcohol	Use in past month	137.4 million	48.7%
	Binge drinking	61.2 million	45% of users
	Binge drinking (18 - 25)	38.2 million	38.2% of age cohort
Marijuana	Use in past month	61.9 million	22%
Illicit Drugs	Use in past month	46.6 million	16.5%

Substance Abuse and Mental Health Services Administration. (2023). *Key substance use and mental health indicators in the United States: Results from the 2022 National Survey on Drug Use and Health* (HHS Publication No. PEP23-07-01-006, NSDUH Series H-58). Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. <https://www.samhsa.gov/data/report/2022-nsduh-annual-national-rep>



Substance Misuse

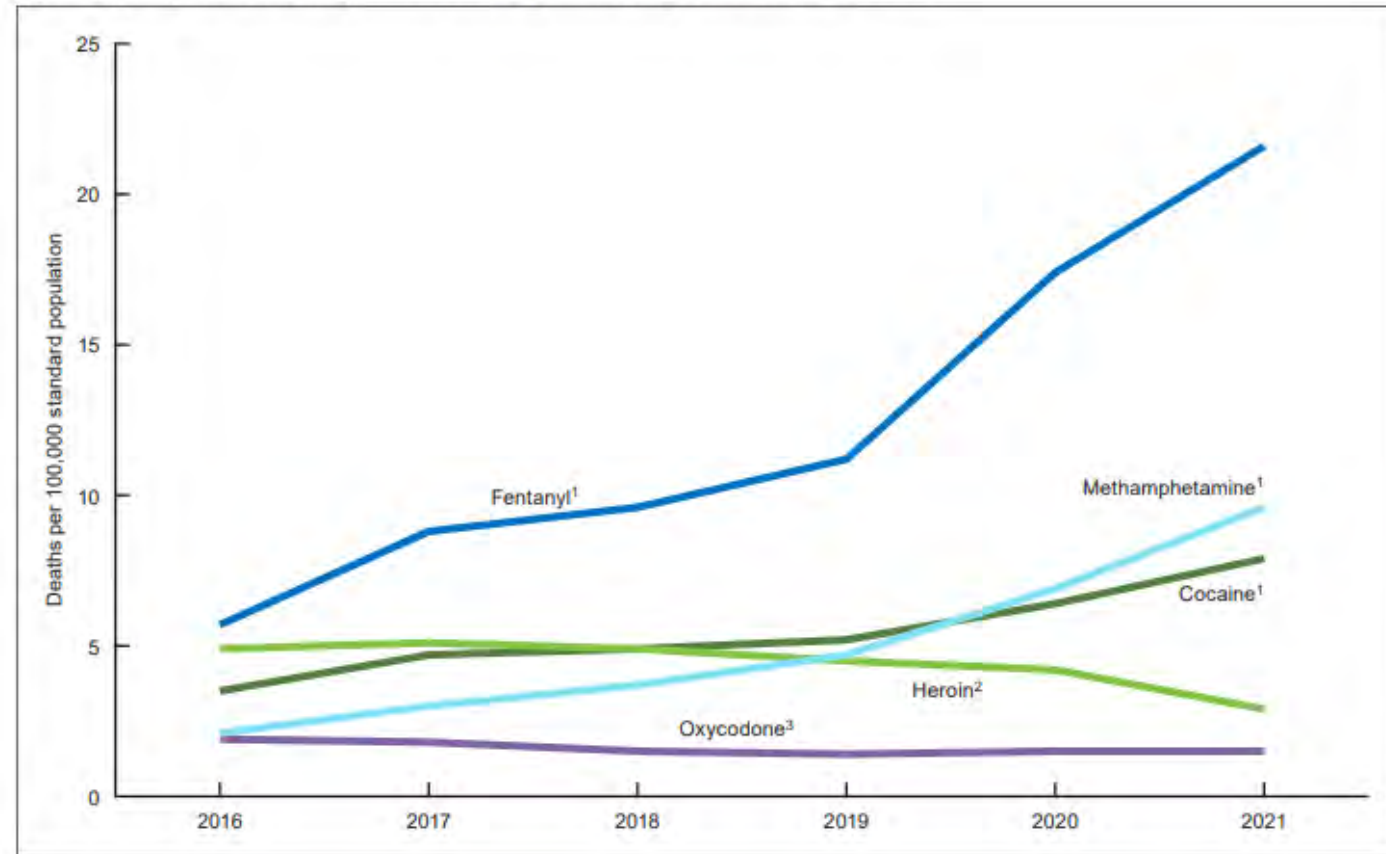
Substance	Age 12 and Older	Number	Percentage
Opioids	Prescription Opioid Misuse	8.5 million	3 %
	Heroin	1 million	0.4%
	Fentanyl	991,000	0.4%
Methamphetamine	Use in past year	2.7 million	1 %

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Drug Overdose Deaths 2016 - 2021

Figure 1. Age-adjusted rates of drug overdose deaths, by selected drugs: United States, 2016–2021



Spencer MR et. Al., Estimates of Drug Overdose Deaths involving Fentanyl, Methamphetamine, Cocaine, Heroin, and Oxycodone: United States, 2021. National Center for Health Statistics (U.S.): 05/03/2023.

<https://stacks.cdc.gov/view/cdc/125504>



Context – The Good News



- Better understanding of addiction as a brain disease.
- Improved treatment for opioids, alcohol – perhaps soon for other drugs.
- Addiction Medicine Fellowship standardization within ACGME.

Treatment Models



- Hub and spoke models/care continuum and levels of care
- Integration into primary care
- Dual diagnosis models in behavioral health care
- Interdisciplinary teams
- Critical role of community

Issues for Training



- Stigma!
 - Community
 - Providers
- Lack of treatment
 - Inadequate numbers of providers and treatment slots
 - Lack of demand (too few seek treatment) – denial and stigma
 - Stigma still permeates treatment models
- Pain management and evolving models
- All health professionals need SUD training

Treatment

SUD Among People Aged 12 and over	Number	Percentage
US residents who received treatment (rx.)	13.1 million	24% of those in need
Adolescents without rx (12 - 17):	1.8 million	
Did not seek rx., did not think they should	1.7 million	97.5%
Sought treatment	8000	0.5%
Did not seek rx., through they should	34000	2.0%
Adults without treatment (18 and over):	39.7 million	
Did not seek rx., did not think they should	36.8 million	94.7%
Sought treatment	313,000	0.8%
Did not seek rx., through they should	1.8 million	4.5%

Substance Abuse and Mental Health Services Administration. (2023). *Key substance use and mental health indicators in the United States: Results from the 2022 National Survey on Drug Use and Health* (HHS Publication No. PEP23-07-01-006, NSDUH Series H-58). Center for Behavioral Health Statistics and Quality,

Substance Abuse and Mental Health Services Administration. <https://www.samhsa.gov/data/report/2022-nsduh-annual-national-rep>



Opportunity for a virtuous cycle – just beginning



- Better treatment and more providers →
- More treatment →
- Better outcomes →
- Reduced stigma →
- More seeking care and more providers willing to give care

Questions & Discussion



Contact Us

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