

Improving access to patient-centered contraceptive care

June 26-27, 2024

HHS Secretary's Advisory Committee on Infant & Maternal Mortality

upstream USA



Objectives

1. Discuss the status of contraceptive access and how it relates to maternal health
2. Provide a brief overview of Upstream and our work with health care providers
3. Review Upstream's recommendations for ACIMM to consider for its forthcoming report
4. Discussion

Current state of contraceptive access in the United States

19 MILLION

women of reproductive age
live in a contraceptive desert

Power to Decide (2024)

Why access to contraceptive care matters for maternal health outcomes

Contraception can help people determine if and when to build a family, optimizing patient health before pregnancy and supporting healthy birth spacing

Contraception can help reduce the risk of reproductive cancers that may impact fertility

Contraception can help individuals and families achieve educational, career, and economic goals

Upstream's mission is to ensure that equitable, patient-centered contraceptive care is basic healthcare

Components of a basic contraceptive care workflow

These are the key steps for conducting contraceptive conversations with patients



EHR documentation recommended

Using data for quality improvement

Has contraceptive care improved at our health center?



Are the contraceptive care services provided at our health centers **high quality, patient - centered, and free of bias and coercion** ?

Patient Survey



Are clinic staff implementing a contraceptive care workflow?

Are patients accessing the full range of contraceptive methods?

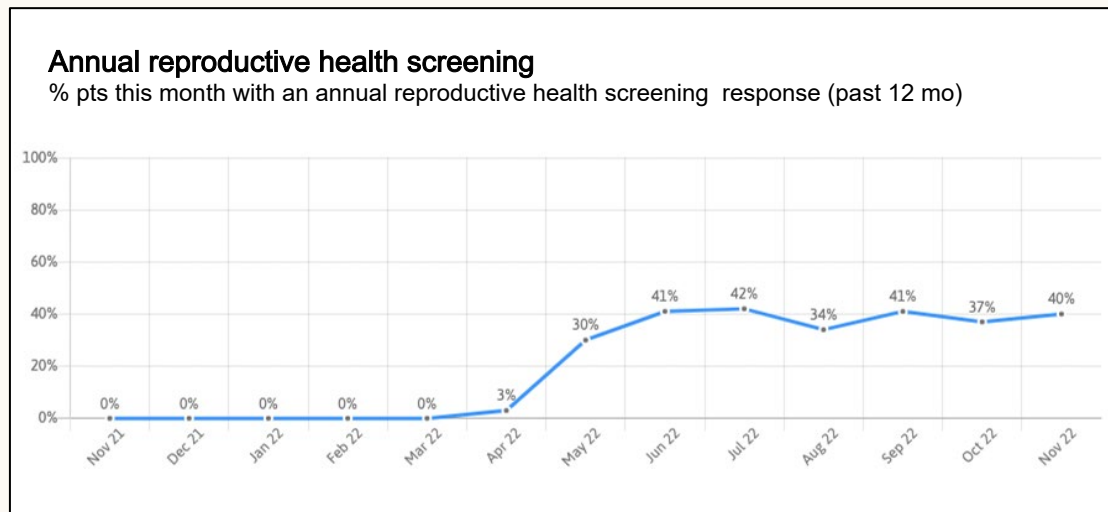
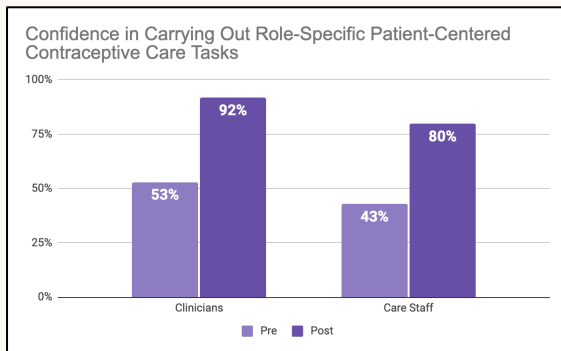
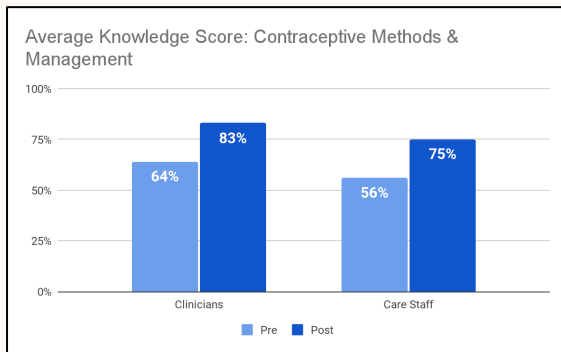
Electronic Health Record Data



Did Upstream equip providers and staff with the **knowledge, attitudes and competency** to provide high quality contraceptive care?

Pre & Post Training
Surveys/Knowledge Checks

Using data for quality improvement



1. Aggregate patient survey results from calendar year 2023 among post-training Upstream partners, n=6770/7184
2. Aggregate patient survey results from calendar year 2023 among post-training Upstream partners 2023, n=5302/5622
3. Aggregate patient survey results from calendar year 2023 among post-training Upstream partners 2023, n=933/1007

94%
of patients did not feel pressured to choose a specific method of birth control₁

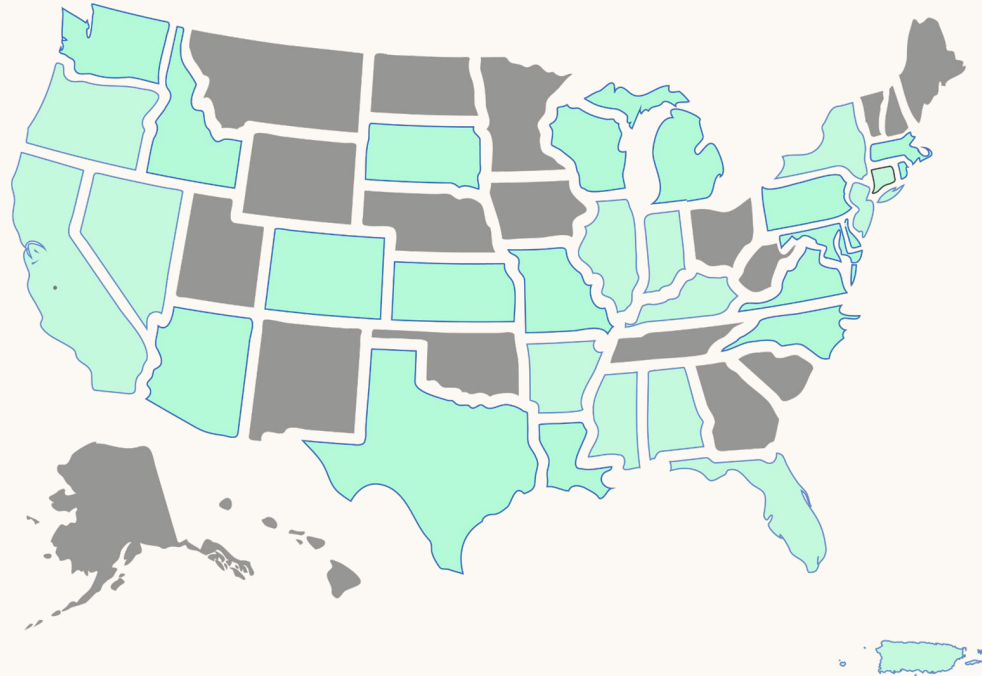
94%
of patients made their decision about birth control on their own or with some input from clinic staff₂

93%
of patients starting a new method of birth control were satisfied with the timing of when they received their chosen method₃

On a path to nationwide impact



U.S. Department of Health and Human Services



The role of HHS

Recommendations for ACIMM

HRS ABPHC

- Provide targeted assistance for health centers on the new UDS reporting requirement on the number of patients screened for their family planning needs
- Create an NTTAP category related to family planning
- Incorporate PCCC into the Health Center Patient Survey
- Conduct a National Center for Health Workforce analysis on the contraceptive care workforce

HRS AMCHB

- Create a Title V National Performance Measure on access to contraceptive care
- Encourage or require Title V grantees to develop Evidence-based or -informed Strategy Measures related to contraceptive care
- Use SPRANS money to support state and local contraceptive access initiatives
- Incorporate family planning screening into home visiting programs

OASH

- Add new concepts to the Healthy People 2030 family planning objective, such as:
 - increase number of patients screened for reproductive health needs
 - Increase proportion of patients who receive patient-centered contraceptive counseling
 - Increase the prescription contraception workforce
- Issue a Surgeon General call to action on contraceptive care

Recommendations for ACIMM

CMS

- Place a greater emphasis on contraceptive care in strategic plan
- Launch a quality improvement initiative specifically focused on contraception and developing/testing new quality measures
- Finalize the Coverage of Certain Preventive Services Under the Affordable Care Act proposed rule as soon as possible
- Provide guidance to state Medicaid agencies on how to cover Opill

ONC

- Finalize the USCDI+ Maternal Health Data Set as proposed, including various contraceptive care data elements
- Up-level contraceptive care data elements so that they become mandatory for all EHR vendors (as part of USCDI)
- Develop an implementation guide to provide valuable insights into incorporating foundational contraceptive care data elements into EHR workflows

AHRQ

- Launch an academy on integrating contraceptive care into primary care
- Create an Evidence NOW project on increasing access to contraceptive care

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