Integration of Behavioral Health Services in School-Based Primary Care Clinics

Morgan Stinson, PhD, LMFT, CCTP Behavioral Health Director, Community Health Care Systems June 26, 2024



Introduction



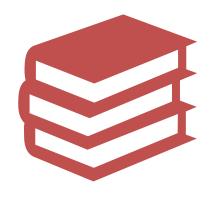


Brief overview of school-based primary care clinics (SBPCCs)

Purpose of the presentation



Origin of School-Based Primary Care Clinics



Historical background and development

Early implementations and growth



Advantages of School-Based Primary Care Clinics



Increased Access to Healthcare



Improved Health
Outcomes



Reduced Absenteeism



Comprehensive Services



Disadvantages of School-Based Primary Care Clinics







Funding and Sustainability

Privacy Concerns

Limited Resources





Importance of Behavioral Health Services in SBPCCs

Early Intervention

Reduction of Barriers

Improved Academic and Social Outcomes



United States Statistics on Mental Health and Mental Health Access

Prevalence

Impact

- Academic Performance
- Social Functioning
- Long-Term Outcomes (higher risk behaviors)

Access to Mental Health Services

- Utilization of Services
- Barriers to Access

Geographic Disparities





"Similar to experiences from 2022, workforce shortages were discussed in nearly every [BHRIC] meeting held, no matter the overarching topic for that meeting. It quickly became clear that decisive action is needed to address the growing workforce challenges throughout the state and that continued work needs to be done to address these challenges in the long run as well".

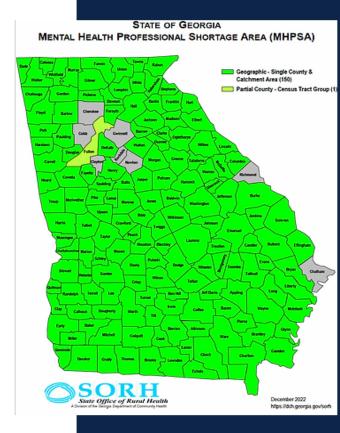
-Georgia Behavioral Health and Reform Innovation Commission, Executive Summary, 2023 Annual Report

Priority Alignment

Workforce development remains the #1 priority statewide according to the Georgia Behavioral Health and Reform Innovation Commission.

Advancing the workforce is a key strategic priority for Resilient Georgia over the next two years (see 2023-25 Strategic Map).

The majority of Georgia counties (152 out of 159)
are in a federally designated mental health shortage area.





CHCS

Vision

Our vision is to provide leadership and services in healthcare necessary to improve the health status of all citizens in our communities. Our focus is the following:

- Promoting 100% access to necessary healthcare services
- Eliminating health status disparities
- Empowering our citizens to choose healthy, prosperous lifestyles

Mission

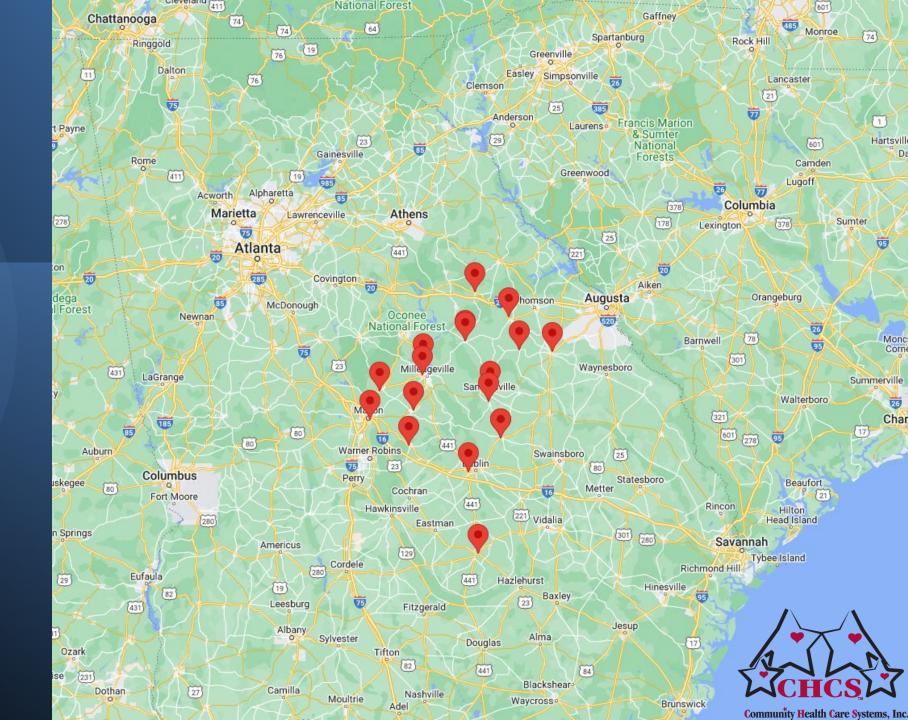
Our mission is commitment to providing quality primary healthcare services to our patients.

Values

- Respecting patient choice
- Appreciating patient time
- Maximizing services for health care dollars
- Answering patient questions
- Exceeding patient expectations



Middle Georgia Region



Integrating Behavioral Health in SBPCCs



Collaborative and Team-Based Care

Who is on the team?

Roles, Rules, Policies, and Boundaries



On-Site Behavioral Health Professionals



Engagement with Families and Communities

Telehealth with Families

Working with Family Engagement departments in schools

Health Fairs



Screenings and Early Interventions



Lessons Learned

Collaboration and Meta-Communication

Training and Professional Development

Family and
Community
Engagement—
Leverage Technology

Implement Data-Driven Approaches— Pragmatic Outcomes

Flexibility and Adaptability

"Start Low, Go Slow"

Be Patient

Advocate for Policy
Support at State
Level





Questions and Discussion



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